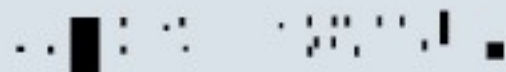


# Les bains des docks



PLANNING



	LUN.	MAR.	MER.	JEU.	VEN.	SAM.
9 H 00		AQUA NATAL 9 H 00 / 10 H 00 SAGE FEMME	SPORT KINE 9 H 00 / 10 H 00			
10 H 00	AQUA CYCLING 10 H 15 / 10 H 45 - HORS PASS	AQUA FITNESS 10 H 15 / 11 H 00	AQUA SLIM 10 H 15 / 11 H 00	AQUA FITNESS 10 H 15 / 11 H 00	AQUA JOGGING 10 H 15 / 11 H 00	
11 H 00	AQUA SLIM 11 H 00 / 11 H 45 HORS VAC.	AQUA CARDI'EAU TRAINING 11 H 15 / 12 H 00 - HORS VAC.	AQUA CYCLING 11 H 15 / 11 H 45 - HORS PASS	AQUA CARDI'EAU TRAINING 11 H 15 / 12 H 00 - HORS VAC.	AQUA CYCLING 11 H 30 / 12 H 00 - HORS PASS	AQUA FITNESS 11 H 30 / 12 H 15
12 H 00	AQUA FITNESS 12 H 30 / 13 H 15	AQUA SLIM 12 H 30 / 13 H 15	AQUA FITNESS 12 H 30 / 13 H 15	AQUA POWER 12 H 30 / 13 H 15 + SPORT KINE	AQUA SLIM 12 H 30 / 13 H 15	
13 H 00						
14 H 00						
15 H 00	AQUA STRETCH 15 H 15 / 16 H 00 HORS VAC.	SPORT SANTÉ * 15 H 15 / 16 H 00 HORS VAC.		AQUA STRETCH 15 H 15 / 16 H 00 HORS VAC.	SPORT SANTÉ * 15 H 15 / 16 H 00 HORS VAC.	
16 H 00						
17 H 00						
18 H 00	AQUA POWER 18 H 30 / 19 H 15	AQUA POWER 18 H 30 / 19 H 15	AQUA FITNESS 18 H 30 / 19 H 15	AQUA POWER 18 H 30 / 19 H 15	AQUA CARDI'EAU TRAINING 18 H 30 / 19 H 15	
19 H 00	AQUA CYCLING 19 H 15 / 19 H 45 - HORS PASS	AQUA JUMPING 19 H 15 / 19 H 45 - HORS PASS	AQUA CYCLING 19 H 15 / 19 H 45 - HORS PASS	AQUA CYCLING 19 H 15 / 19 H 45 - HORS PASS		
20 H 00						

\* PARCOURS CONTRE L'OBÉSITÉ

ACCÈS LIBRE

