

	10H30-11H15	11H-11H45	11H30-12h15	12H-12H45	12H15-13H
LUNDI	SLIM		FITNESS		
MARDI					
MERCREDI					RUN AND BIKE
JEUDI				FITNESS	
VENDREDI					
SAMEDI		FITNESS			
DIMANCHE	CYCLING		RUN AND BIKE		
SLIM					
FITNESS					
POWER					
RUN AND BIKE					
CYCLING					

12H30-13H15	12H-45-13H30	16H15-17H	17H15-18H00	18H15-19H00	18H30-19H15
CYCLING					FITNESS
CYCLING		CYCLING			FITNESS
			CYCLING		FITNESS
	CYCLING			POWER	
FITNESS					FITNESS

19H30-20H15	19H45-20H30
	CYCLING
CYCLING	
	POWER
	CYCLING
CYCLING	
CYCLING	

	12H-12H45	12H30-13H15	13H-13H45	17H30-18H15	18H30-19H15
LUNDI	FITNESS		CYCLING		FITNESS
MARDI		FITNESS		CYCLING	
MERCREDI	CYCLING		FITNESS		FITNESS
JEUDI		FITNESS		FITNESS	CYCLING
VENDREDI	CYCLING		FITNESS		FITNESS
FITNESS					
CYCLING					